

**To see more Mind Maps by Paul Foreman visit the  
Mind Map Inspiration Website [www.mindmapinspiration.co.uk](http://www.mindmapinspiration.co.uk)**

**and**

**Subscribe to the Mind Map Inspiration Blog to receive  
new Mind Maps, plus creativity and drawing tips.**

**Blog at [www.mindmapinspiration.com](http://www.mindmapinspiration.com)**

**Mindmaps ® were invented by Tony Buzan**

**They help us progress from "linear" (one-dimensional) through  
"lateral" (two-dimensional) to "radiant" (multi-dimensional) thinking.**

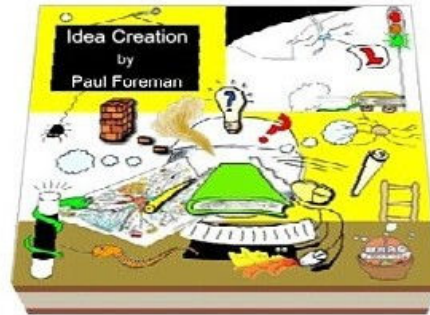
**For more information see his books and visit the following websites:**

**[www.buzanworld.com](http://www.buzanworld.com)**

**[www.imindmap.com](http://www.imindmap.com)**

E-Books available from <http://www.mindmapinspiration.co.uk>

**Idea Creation**  
101 Page E-Book £7.95



In this E-Book I share how I create ideas and help guide you towards the land of infinite possibilities.

**Never be stuck for an idea again!**

**Contents**

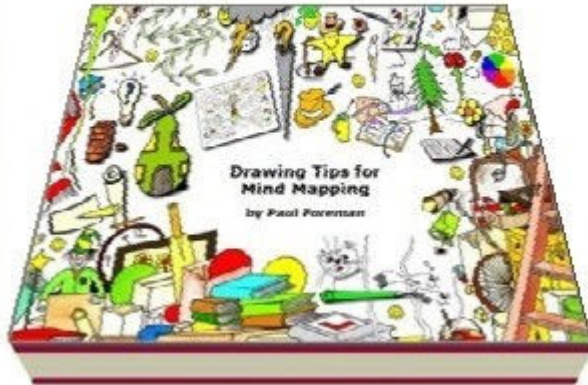
Why simple is often best  
Fresh ideas  
Use thinking – don't let it use you  
Lifespan of an idea  
Simplicity of an idea  
Everything stems from a thought  
Planning ahead and the bigger picture  
Sparking ideas  
Random thinking styles  
Creativity Toolkit  
Outside the box outside the box  
Ideas don't dry up – thoughts do  
Constant Daily Learner  
Land of infinite possibilities

**Includes the following Mind Maps:**

5W1H  
Idea Creation  
Topical Ephemeral or Practical Immortal  
Theory of the Brain  
Idea  
Planning Ahead and the Bigger Picture  
Sparking Ideas  
What is Original?  
Thinking Styles  
Thinking styles template  
Creativity Toolkit Mind Map  
Planetary Thinking  
360° Thinking  
Creative Focus  
Odd Combinations  
Thinking outside the Box  
Thinking outside the Box Checklist  
Curious Brain  
Constant Daily Learner

## Drawing Tips for Mind Mapping

110 Page E-Book £5.95



Beginners guide

Colour wheel and use of colours

Suggested Equipment

Drawing Fish

Drawing Cats

Drawing Books

Using Stencils & Templates

Drawing Hats

Mind Map Templates

Drawing Curves & Shapes

Detailed breakdown of "Fantasy Mind Map"  
Enhancing Creativity through Thought Reduction

Drawing Speed Tests

Drawing Faces

Lettering

Photo to Cartoon transfer

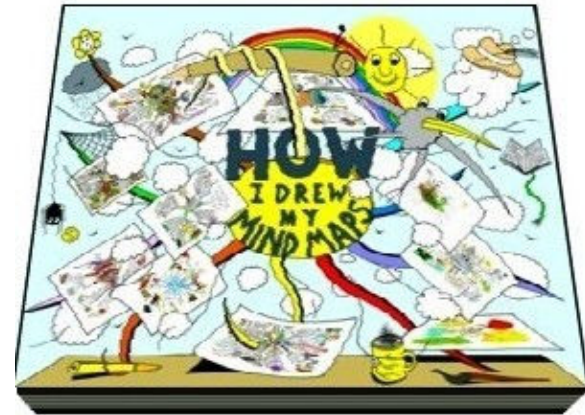
Drawing Tips and Tricks

Doodleboards

Mind Maps

## How I drew my Mind Maps

71 Page E-Book £6.95



Learn how to take your drawing to the next level

in my second E-Book and discover the secrets of

"How I drew my minds"

Including:

The thoughts behind the maps

Mind Map structure

What products I use

Tips and tricks for drawing

Colour placement

Image placement

Detailed image analysis

Illustration walkthrough step by step

Fast sketching

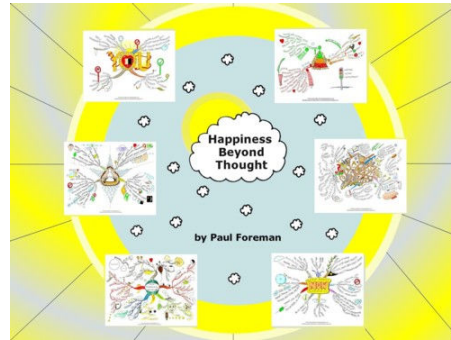
Idea generation

From a simple line and curve to an image

Overlap and 3D

Plus a few surprises!

## “Happiness Beyond Thought” 85 Page illustrated E-Book - Including Mind Maps £5.99



Discover true happiness and inner peace

Learn how to stop incessant thinking  
and take control of your thoughts

Learn how to meditate, relax your  
mind and body and foster inner calm

How to stay in the present moment

How to let go, find simplicity and  
transform your life for good

Simple tips and strategies for  
a harmonious and stress-free life

### **Includes:**

Happiness is your primary state  
Stop Thinking  
Happiness is inside you  
Go Within  
Meditation  
Organisation – Inner & Outer  
Coming back to now (Present Moment Awareness)

### **Includes the following Mind Maps:**

Happiness is your primary state  
Stop Thinking Tips  
Happiness is inside you  
Go Within  
Meditation  
Organisation  
Present Moment Awareness  
Positive Acronym Your Name  
Letting Go  
Plus a Bonus Mind Map

## **“Mind Map Game Boards” 46 Page E-Book Plus 8 Large JPEG Image Set £5.99**



### **Choice Maker Game Board**

Use the Choice Maker Game Board as a Random Choice Selector for idea generation, fun and more

### **Choice Maker Blank Version**

The Blank version allows you to create unique Choice Maker Game Boards of your own

### **Boredom Buster Game Board**

Select random hobbies, ideas, pastimes and interests; for occasional daytrips, days out, or lifetime pursuits

### **Chore Choice Game Board**

Add a fun element to sharing out or selecting chores using the Chore Choice Game Board

### **Positive Thinking Game Board**

Enhance your mood and create a positive thinking environment with the Positive Thinking Game Board

### **Theme Maker Game Board**

Create ideas and storylines from the images within the Theme Maker Game Board

### **“My Favourite” Mind Map**

Outline your personal favourites for a snap shot of your unique personality

### **Bonus Mind Maps**

Two Bonus Mind Maps

### **Mind Map Game Board Image Set (8 Individual Large Size JPEG Images)**

You can print the images out in whichever size you wish and even laminate them for longevity