

# To see more Mind Maps by Paul Foreman visit the

Mind Map Inspiration Website <a href="https://www.mindmapinspiration.co.uk">www.mindmapinspiration.co.uk</a>

and

Subscribe to the Mind Map Inspiration Blog to receive new Mind Maps, plus creativity and drawing tips.

Blog at www.mindmapinspiration.com

Mindmaps ® were invented by Tony Buzan

They help us progress from "linear" (one-dimensional) through "lateral" (two-dimensional) to "radiant" (multi-dimensional) thinking.

For more information see his books and visit the following websites:

www.buzanworld.com

www.imindmap.com

## E-Books available from <a href="http://www.mindmapinspiration.co.uk">http://www.mindmapinspiration.co.uk</a>

# Idea Creation 101 Page E-Book £7.95



In this E-Book I share how I create ideas and help guide you towards the land of infinite possibilities.

## Never be stuck for an idea again!

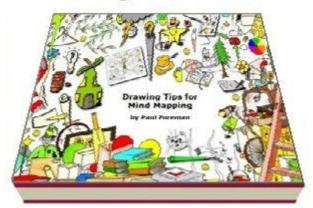
#### Contents

Why simple is often best
Fresh ideas
Use thinking – don't let it use you
Lifespan of an idea
Simplicity of an idea
Everything stems from a thought
Planning ahead and the bigger picture
Sparking ideas
Random thinking styles
Creativity Toolkit
Outside the box outside the box
Ideas don't dry up – thoughts do
Constant Daily Learner
Land of infinite possibilities

## **Includes the following Mind Maps:**

5W1H Idea Creation Topical Ephemeral or Practical Immortal Theory of the Brain Idea Planning Ahead and the Bigger Picture Sparking Ideas What is Original? Thinking Styles Thinking styles template Creativity Toolkit Mind Map Planetary Thinking 360° Thinking Creative Focus **Odd Combinations** Thinking outside the Box Thinking outside the Box Checklist **Curious Brain Constant Daily Learner** 

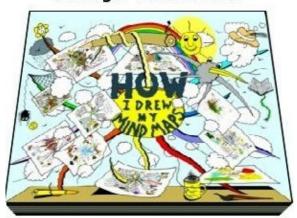
# Drawing Tips for Mind Mapping 110 Page E-Book £5.95



Beginners guide

Colour wheel and use of colours Suggested Equipment **Drawing Fish Drawing Cats Drawing Books** Using Stencils & Templates **Drawing Hats** Mind Map Templates **Drawing Curves & Shapes** Detailed breakdown of "Fantasy Mind Map" **Enhancing Creativity through Thought Reduction Drawing Speed Tests Drawing Faces** Lettering Photo to Cartoon transfer **Drawing Tips and Tricks** Doodleboards Mind Maps

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Learn how to take your drawing to the next level

in my second E-Book and discover the secrets of

"How I drew my minds"

Including:
The thoughts behind the maps
Mind Map structure
What products I use
Tips and tricks for drawing
Colour placement
Image placement
Detailed image analysis
Illustration walkthrough step by step
Fast sketching
Idea generation
From a simple line and curve to an image
Overlap and 3D
Plus a few surprises!

# "Happiness Beyond Thought" 85 Page illustrated E-Book - Including Mind Maps £5.99



Learn how to stop incessant thinking and take control of your thoughts

Discover true happiness and inner peace

Learn how to meditate, relax your mind and body and foster inner calm

How to stay in the present moment

How to let go, find simplicity and transform your life for good

Simple tips and strategies for a harmonious and stress-free life

#### Includes:

Happiness is your primary state
Stop Thinking
Happiness is inside you
Go Within
Meditation
Organisation – Inner & Outer
Coming back to now (Present Moment Awareness)

## **Includes the following Mind Maps:**

Happiness is your primary state
Stop Thinking Tips
Happiness is inside you
Go Within
Meditation
Organisation
Present Moment Awareness
Positive Acronym Your Name
Letting Go
Plus a Bonus Mind Map

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Use the Choice Maker Game Board as a Random Choice Selector for idea generation, fun and more

#### **Choice Maker Blank Version**

The Blank version allows you to create unique Choice Maker Game Boards of your own

#### **Boredom Buster Game Board**

Select random hobbies, ideas, pastimes and interests; for occasional daytrips, days out, or lifetime pursuits

#### **Chore Choice Game Board**

Add a fun element to sharing out or selecting chores using the Chore Choice Game Board

### **Positive Thinking Game Board**

Enhance your mood and create a positive thinking environment with the Positive Thinking Game Board

#### **Theme Maker Game Board**

Create ideas and storylines from the images within the Theme
Maker Game Board

### "My Favourite" Mind Map

Outline your personal favourites for a snap shot of your unique personality

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Two Bonus Mind Maps

Mind Map Game Board Image Set (8 Individual Large Size JPEG Images)

You can print the images out in whichever size you wish and even laminate them for longevity