

Read the full Blog Post at:

<http://www.mindmapinspiration.com/helping-save-rainforests-mind-map-paul-foreman/>

**To see more Mind Maps by Paul Foreman visit the
Mind Map Inspiration Website www.mindmapinspiration.co.uk**

and

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Blog at www.mindmapinspiration.com

Mindmaps ® were invented by Tony Buzan

**They help us progress from "linear" (one-dimensional) through
"lateral" (two-dimensional) to "radiant" (multi-dimensional) thinking.**

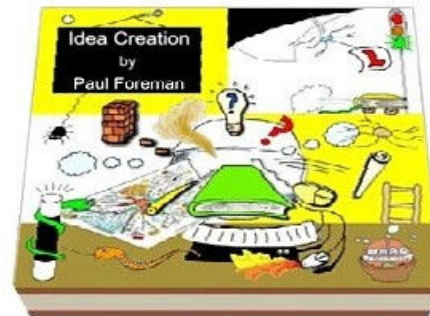
For more information see his books and visit the following websites:

www.buzanworld.com

www.imindmap.com

E-Books available from <http://www.mindmapinspiration.co.uk>

Idea Creation
101 Page E-Book £7.95



In this E-Book I share how I create ideas and help guide you towards the land of infinite possibilities.

Never be stuck for an idea again!

Contents

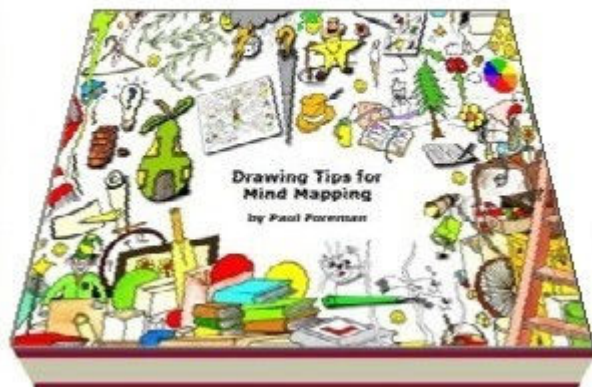
Why simple is often best
 Fresh ideas
Use thinking – don't let it use you
 Lifespan of an idea
 Simplicity of an idea
Everything stems from a thought
Planning ahead and the bigger picture
 Sparking ideas
 Random thinking styles
 Creativity Toolkit
Outside the box outside the box
Ideas don't dry up – thoughts do
 Constant Daily Learner
Land of infinite possibilities

Includes the following Mind Maps:

5W1H
 Idea Creation
Topical Ephemeral or Practical Immortal
 Theory of the Brain
 Idea
 Planning Ahead and the Bigger Picture
 Sparking Ideas
 What is Original?
 Thinking Styles
 Thinking styles template
Creativity Toolkit Mind Map
 Planetary Thinking
 360° Thinking
 Creative Focus
 Odd Combinations
 Thinking outside the Box
Thinking outside the Box Checklist
 Curious Brain
 Constant Daily Learner

Drawing Tips for Mind Mapping

110 Page E-Book £5.95



Beginners guide

Colour wheel and use of colours

Suggested Equipment

Drawing Fish

Drawing Cats

Drawing Books

Using Stencils & Templates

Drawing Hats

Mind Map Templates

Drawing Curves & Shapes

Detailed breakdown of "Fantasy Mind Map"

Enhancing Creativity through Thought Reduction

Drawing Speed Tests

Drawing Faces

Lettering

Photo to Cartoon transfer

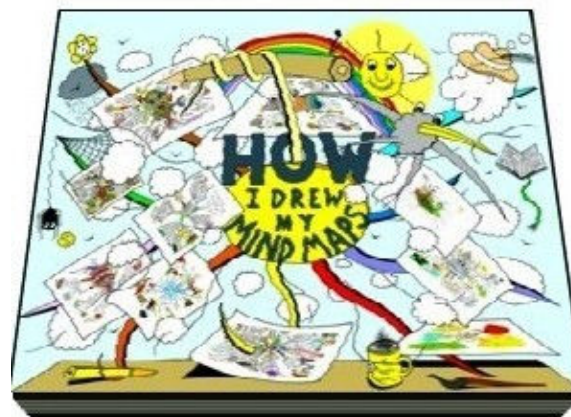
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Doodleboards

Mind Maps

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in my second E-Book and discover the secrets of

"How I drew my minds"

Including:

The thoughts behind the maps

Mind Map structure

What products I use

Tips and tricks for drawing

Colour placement

Image placement

Detailed image analysis

Illustration walkthrough step by step

Fast sketching

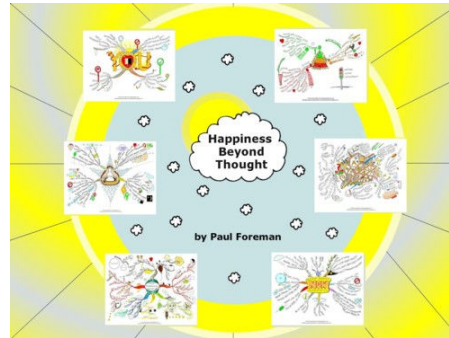
Idea generation

From a simple line and curve to an image

Overlap and 3D

Plus a few surprises!

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Learn how to meditate, relax your mind and body and foster inner calm

How to stay in the present moment

How to let go, find simplicity and transform your life for good

Simple tips and strategies for a harmonious and stress-free life

Includes:

Happiness is your primary state

Stop Thinking

Happiness is inside you

Go Within

Meditation

Organisation – Inner & Outer

Coming back to now (Present Moment Awareness)

Includes the following Mind Maps:

Happiness is your primary state

Stop Thinking Tips

Happiness is inside you

Go Within

Meditation

Organisation

Present Moment Awareness

Positive Acronym Your Name

Letting Go

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Two Bonus Mind Maps

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