

To see more Mind Maps by Paul Foreman visit the

Mind Map Inspiration Website www.mindmapinspiration.co.uk

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Mindmaps ® were invented by Tony Buzan

They help us progress from "linear" (one-dimensional) through "lateral" (two-dimensional) to "radiant" (multi-dimensional) thinking.

For more information see his books and visit the following websites:

www.buzanworld.com

www.imindmap.com

E-Books available from http://www.mindmapinspiration.co.uk

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In this E-Book I share how I create ideas and help guide you towards the land of infinite possibilities.

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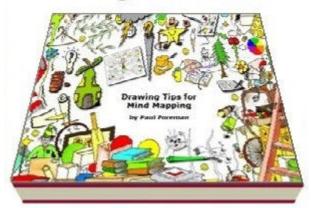
Contents

Why simple is often best
Fresh ideas
Use thinking – don't let it use you
Lifespan of an idea
Simplicity of an idea
Everything stems from a thought
Planning ahead and the bigger picture
Sparking ideas
Random thinking styles
Creativity Toolkit
Outside the box outside the box
Ideas don't dry up – thoughts do
Constant Daily Learner
Land of infinite possibilities

Includes the following Mind Maps:

5W1H Idea Creation Topical Ephemeral or Practical Immortal Theory of the Brain Idea Planning Ahead and the Bigger Picture Sparking Ideas What is Original? Thinking Styles Thinking styles template Creativity Toolkit Mind Map Planetary Thinking 360° Thinking Creative Focus **Odd Combinations** Thinking outside the Box Thinking outside the Box Checklist **Curious Brain Constant Daily Learner**

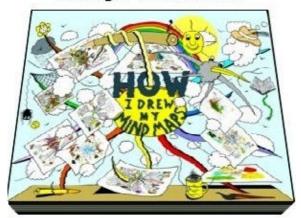
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Stop Thinking
Happiness is inside you
Go Within
Meditation
Organisation – Inner & Outer
Coming back to now (Present Moment Awareness)

Includes the following Mind Maps:

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Stop Thinking Tips
Happiness is inside you
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